

SUPER SUMMER HOME QUIET TIME GUIDE

Here are some helpful hints to help you to meet with God every day for a Quiet Time when you return home. Starting new healthy habits is never easy, especially habits which help strengthen your spiritual life. There are several reasons why this can be difficult:



One reason is your enemy. Satan will fight against anything that brings you closer to God.



Another reason is the world you live in. There are not many things in this world which encourage you and help you to know God better. In fact, most things in this world will distract you from God.



A third reason is yourself. Even as a Christian, you must still work to conquer old habits. The Apostle Paul struggled with this very thing when he said, "I have the desire to do what is good, but I cannot carry it out." (Romans 7:18)

Things look stacked against you! But do not give up. "If God is for us, who can be against us?" (Romans 8:31) Look at all you have in Christ...



Jesus has destroyed the work of the devil!
(I John 3:8)



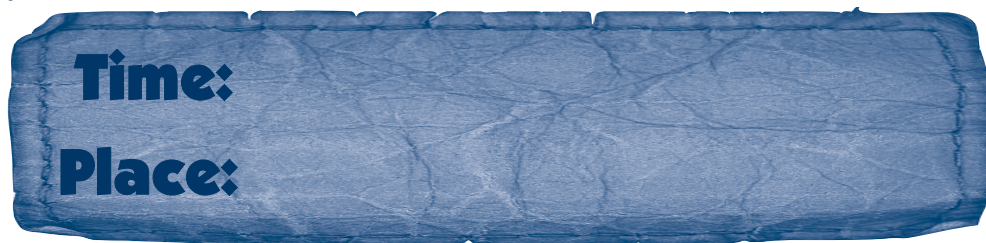
Jesus, who is in you, is greater than the one who is in the world! (I John 4:4)



Jesus will give you the strength to do everything. (Philippians 4:13)

With Christ in you, you cannot fail! Commit yourself now to continuing your Quiet Time. Follow these suggestions:

A Regular Place and Time . . .will help you to be consistent in your meeting with God. Pick a time that will be the same every day. Make it part of your daily routine. The place should be private, without distractions. Think right now about when and where you will schedule your Quiet Time.



A Modern Translation of the Bible . . .will make your Bible reading more enjoyable and clear. Some modern translations are The New International Version and The Contemporary English Version.

The Plan . . .to carry out your desire to meet with God should be simple, practical, and effective. The first thing to consider is what you will read each day in your Bible. Read a little in the Old Testament and a little in the New Testament. Another idea is to read a Psalm and a chapter of Proverbs each day.

The next consideration is how you will meditate on what you read. Try paraphrasing what you read in order to meditate on the meaning. Get a notebook and start writing down what you learn.

You will also want to consider how to keep your prayer time fresh. One thing that may help is to make a list of your prayer requests. Later, you can look back on these lists and see how God has answered. Also, remember to spend time praising and adoring God. After all, He deserves it.

The Right Attitude . . .is very important as you come to meet with your God. David said, "My soul waits in silence for God only." (Psalm 62:1) Two words are important here: "silence" and "only". Do not do all the talking. Let God speak to you. Have no other purpose than to be alone with God in worship and fellowship.

Make sure you do not rush things, either. An unhurried, quiet moment can really give new life to your spirit. Likewise, have an attitude of expectancy. The Creator of the Universe is going to meet with you. It is only natural to be eager. A sense of anticipation will make you alert as you read, meditate, and pray.


There Are Many Resources . . . available to help you as you develop your Quiet Time. Do not hesitate to get help if you need it. The best help you can receive is from other Christians who have a regular meeting time with God. Pastors and leaders in your church or older Christians who have walked close to God for many years can provide both inspiration and information for you. Go to them and share your desire to have a daily Quiet Time. You will probably find them excited and ready to help.

Another source of help is from devotional guides and notebooks. Talk with someone in your church to help you find a place to purchase these materials.

Communication Is Vital . . . As you continue to meet with God, remember, communication is vital. God's Word will speak to you, but you must communicate with God through prayer.

"Very early in the morning, while it was still dark, Jesus got up, left the house and went off to a solitary place, where He prayed." (Mark 1:35) If Jesus needed to spend time in prayer with God, so do you!

When you pray, pray specifically! Below are some ideas to help you keep your specific prayers fresh.



Monday	Pray for missionaries in the USA and around the world.
Tuesday	Pray for the tasks God has given you to do.
Wednesday	Pray for the workers in your church and association who are being used to reach and disciple people.
Thursday	Pray for those who lead your city, county, state, & federal governments, as well as world leaders.
Friday	Pray for your family and friends.
Saturday	Pray for sinners whom you know are lost and need a personal relationship with Jesus.
Sunday	Pray for all Sunday Services in your church and city.